

COMING UP THIS TERM

ST GEORGE'S DAY THURSDAY 23RD APRIL

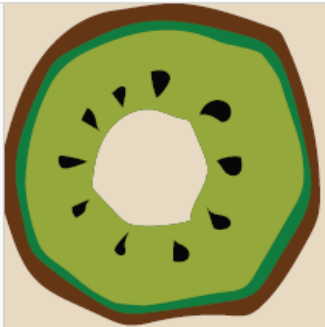
BRITISH SANDWICH WEEK 18TH-22ND MAY

WORLD BEE DAY WEDNESDAY 20TH MAY

NATIONAL BBQ WEEK FRIDAY 22ND MAY

WORLD ENVIRONMENT DAY FRIDAY 5TH JUNE

NATIONAL FISH & CHIPS DAY FRI 5TH JUNE



COMING UP THIS TERM

NATIONAL PICNIC WEEK 15TH-19TH JUNE

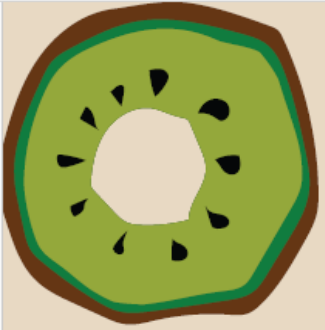
SUMMER EVENT TUESDAY 16TH JUNE

WORLD SUSHI DAY THURSDAY 18TH JUNE

SPORTS DAY WEDNESDAY 24TH JUNE

NATIONAL CREAM TEA DAY FRI 26TH JUNE

SUMMER TERM ACTIVITY - 30 PLANTS BINGO



Week beginning:

13th April





4th May

1st June

22nd June

LUNCH

Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP 	All our soups are Waste Knot Soups– A hearty, planet friendly blend crafted from perfectly good surplus vegetables and ingredients that would otherwise go to waste, so every spoonful is packed with flavour and purpose.				
MAIN MEALS TO NOURISH, NURTURE AND SUSTAIN	 Cheesy margarita pizza with a lentil & chickpea tomato base Eat-Curious plant based protein & vegetable Keema pie	Spaghetti Day With a choice of sauce: Beef & red lentil Bolognese Chicken carbonara topped with crispy bacon bits Vegetarian – Eatcurious plant based mince, lentil and vegetable Rich tomato, lentil, vegetable & basil sauce	Africa Day Slow cooked paprika chicken thigh Paprika spiced chicken drumstick West African style sweet potato & bean casserole *menu change for Sports day*	Traditional Roast Dinner Day Sticky Maple roasted gammon topped with pineapple Lemon & thyme roast chicken Vegetarian seed roast Vegetable wellington	Fish finger Friday MSC certified Omega 3 enriched pollock fishfingers Homemade battered cod Vegan fishless fingers
SIDES	Baked herby diced potatoes or sweet potato fries Steamed peas & sweetcorn	Garlic butter green beans, steamed cauliflower & broccoli Garlic Bread	Jollof rice Pan fried black eyed beans Roasted carrots, cabbage & peas	Roasted rosemary potatoes Yorkshire pudding Roasted carrots with steamed kale & sweetcorn	Chunky chips Mushy peas or baked beans
DESSERT	 Zero Heroes Blueberry Muffins & fresh fruit salad	Zuppa Inglese (Italian Chocolate Trifle)	 Selection of ice creams, fruit salad & Zero Heroes Mighty Mousse	Sticky Toffee pudding with Custard, cream or ice-cream/ Old School sponge	Selection of Doughnuts & Assorted Cakes
EVERY DAY	We offer daily a selection of yogurt, fresh fruit, cold desserts, jelly pots, smoothies, pasta and jacket bars				

FOUNDED IN 1997






HOLROYD HOWE

FEEDING INDEPENDENT MINDS

Week beginning:
20th April
11th May
8th June
29th June

LUNCH

Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP 	All our soups are Waste Knot Soups– A hearty, planet friendly blend crafted from perfectly good surplus vegetables and ingredients that would otherwise go to waste, so every spoonful is packed with flavour and purpose.				
MAIN MEALS TO NOURISH, NURTURE AND SUSTAIN	 'ONE CHANGE' A WEEK Baked gnocchi with a roasted tomato, red lentil & pesto sauce Spinach & sunflower seed pesto pasta Farfalle pasta with a rich tomato, lentil and basil sauce	Peri Peri Lemon & herb grilled halloumi or chicken thigh BBQ chicken drumsticks	 Wednesday 22nd April Earth Day Future Proof Food Eating More Sustainable Food Beef & Eatcurious plant based mince, lentil & bean Chilli Bean & lentil vegetable chilli	Traditional British pork Or Chicken sausages Quorn vegan Best of British sausages	Fish finger Friday Omega 3 enriched pollock fishfingers Thai salmon, cod and lemongrass fishcakes Sausage & bacon Baps Vegan fishless fingers
SIDES	Garlic bread Steamed garden peas & roasted butternut	Roasted garlic & herb baby potatoes Sweetcorn on the cob	Brown rice Taco chips Steamed broccoli & cauliflower Guacamole & sour cream	Creamy mashed potato Sticky baked carrots & garden peas Rich gravy	Skinny Fries Mushy peas or baked beans
DESSERT	Orange & mango or strawberry fruit iced smoothie	Pancake with syrup, fresh berries and homemade berry compote	 Black bean & chickpea brownie	Treacle sponge with custard or ice cream/ Sprinkle Cake	
EVERY DAY	We offer daily a selection of yogurt, fresh fruit, cold desserts, jelly pots, pasta and jacket bars				

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HOLROYD HOWE

FEEDING INDEPENDENT MINDS

Week beginning:
27th April
18th May
15th June

LUNCH

Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP 	All our soups are Waste Knot Soups– A hearty, planet friendly blend crafted from perfectly good surplus vegetables and ingredients that would otherwise go to waste, so every spoonful is packed with flavour and purpose.				
MAIN MEALS TO NOURISH, NURTURE AND SUSTAIN	 'ONE CHANGE' A WEEK Plant protein enriched Macaroni & cheese topped with a mature British cheddar crust Farfalle pasta bows with a roasted tomato, red lentil & basil sauce Roasted butternut & pea orzo risotto	Curry Day Butter chicken Red lentil, butternut squash and coconut dhal *menu change for National Picnic week & Summer Sports Event*	Italian Day Spaghetti with pork or Moving Mountains vegan meatballs marinated in a rich tomato & basil sauce with added plant proteins	Asian Fusion Day Chicken noodle soup & gyoza's Panko coated chicken or halloumi with Katsu curry sauce Bang Bang cauliflower With Katsu curry sauce	Fish finger Friday Omega 3 enriched pollock fishfingers American style Pork Frankfurter hotdog *menu change for National BBQ week menu* Vegan fishless fingers
SIDES	Steamed sweetcorn & broccoli	Basmati rice with roasted tandoori cauliflower & peas Papadums & naan Mango chutney Onion bhaji	Spaghetti Steamed broccoli & carrots	Basmati rice or noodles Stir-fried pak choi, bean sprouts & peppers	Skinny Fries Mushy peas or Louisiana baked beans
DESSERT	Selection of ice creams	White chocolate cookies	Classic Italian Tiramisu	 Sweet Grains of Fruity Goodness	 Zero Heroes Apple & Crumble slice
EVERY DAY	We offer daily a selection of yogurt, fresh fruit, cold desserts, jelly pots, pasta and jacket bars				

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FEEDING INDEPENDENT MINDS

LUNCH MENU

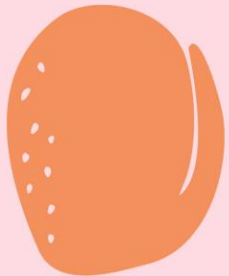
Tuesday 16th June National Picnic Week

Sausage rolls
Cocktail sausages
Assorted sandwiches
Selection of salads
Roasted baby potatoes
Jacket potatoes
Pasta with Tomato sauce & cheese

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FEEDING INDEPENDENT MINDS



LUNCH MENU

Friday 22nd May National BBQ Week

Beef or chicken burgers with a selection of toppings

Hotdogs

BBQ chicken drumsticks

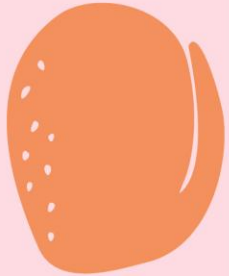
Skinny fries

Selection of salads

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LUNCH MENU

Wednesday 24th June Sports day

Pepperoni or Margarita Pizza

Pasta with tomato sauce & cheese

Vegetable Crisps or Chips

Selection of salads

Fresh fruit

Energy Flapjack

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HOLROYD HOWE

FEEDING INDEPENDENT MINDS

