

Dear Parent,

Thank you for participating in our swimming lesson course following the structure set out from the Amateur Swimming Association. For your general information we have highlighted the following week commencing dates for the duration of the course.

Week 1	Wednesday 7 th January 2026	New to lessons or moving up a level – please collect your swimming hat from reception.
Week 2	Wednesday 14 th January 2026	
Week 3	Wednesday 21 st January 2026	
Week 4	Wednesday 28 th January 2026	
Week 5	Wednesday 4 th February 2026	
Week 6	Wednesday 11 th February 2026	

There will be NO LESSON on Wednesday 18th February 2026

Week 7 Wednesday 25th February 2026

Week 8	Wednesday 4 th March 2026
Week 9	Wednesday 11 th March 2026
Week 10	Wednesday 18 th March 2026

All participants will be assessed over the duration of the course.

At the end of the course your child will receive notification of their achievement, and will be informed of the level at which they are to book on for the commencement of the next course. Please be aware that we may recommend that your child either advances or stays in the same group despite the award that they may obtain.

A polite reminder that all valuables / possessions MUST be secured in lockers where available or taken to the viewing gallery with the parent and NOT left hanging in the changing rooms.

Pupils MUST wait by poolside and not enter the pool until they are instructed to do so by their teacher.

Should your child require the toilet and the Swimming Teacher is unable to get your attention they will be sent unaccompanied to use the toilet.

If you have any questions regarding the lesson structure and assessment process please contact Angela Hawkins:

Hawkinsa@brentwood.essex.sch.uk or 01277 243344.

Please note I only work Wednesday and Thursdays 10am – 6pm.